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YOUR 1 PLUMBER

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If you enjoy receiving our monthly *Close to Home* e-Newsletter, [click here](#).

Thank you!



How to Freshen Things up This Holiday Season? Try Starting a New Tradition or Two.



Christmas and other holiday season traditions are your proverbial two-edged sword. As in, while most of us would feel lost without our own time-honored traditions, they also can become so pervasive that we're either afraid or reluctant to start new ones.

But that kind of fear or reluctance generally assumes that there's not enough time to tack on anything new with the holiday season already the busiest time of year.

Well, Your 1 Plumber would like to challenge that assumption by presenting you with some ideas for new holiday traditions that take hardly any time at all. And yet each of these would give you a whole new reason to anticipate and revel in your own special holiday season spirit.

Traditions for Around the Home

- Set aside one night each week to watch a holiday movie or television special, such as "Miracle on 34th Street" and "A Charlie Brown Christmas."
- Have your child start an "I Am Thankful" list. Have them add one thing he is thankful for each day.
- Purchase or make a holiday ornament for each child every year. This is a great reason to reminisce during holiday decorating.

Holiday Gift Traditions

- Are you and your friends yogis? Buy each other passes to local yoga classes. You can even pair the passes with a new yoga mat or meditation CD.
- Do you and your friends love dueling it out for Park Place? Enjoy coming up with creative descriptions for Taboo? Why not start a board game exchange? It gives you an excuse to spend even more time together.

Green & Healthy Living Tips

How to Avoid Holiday Weight Gain. Step #1: Eat before the party. Grab a 100- to 200-calorie snack containing carbohydrates, protein, and a little bit of fat—a low-fat yogurt with fruit slices, say, or a banana smeared with peanut butter. [Click here](#) for more ways to avoid holiday weight gain.

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- Gather together photos from different events throughout the year and create a special page for a friend's scrapbook. If they don't already have one, make the scrapbook part of the first year's gift. Then every year you can add a new page.

Traditions for Giving Back

- Find a giving tree that allows you to sponsor a family in need or purchase toys for children in need. Go shopping for the items together and donate them.
- Go through closets and donate gently used clothing (coats are particularly useful this time of year) to a local shelter.
- Deliver cookies and treats to your local fire station, police department, and even the staff at your local hospital. After all, they'll be working through the holiday.



A Holiday Tradition of Our Own

For the fourth consecutive year, Your 1 Plumber is pleased to offer you a special holiday season savings of \$35 per new faucet with the coupon on page 3 of this newsletter. We have plenty to choose from for your kitchen and bathroom alike.

It has been a privilege serving you throughout 2014, and we thank you for making us your plumber of choice.

Amazing Fact

The world's largest Christmas present was the Statue of Liberty. The French gave it to the U.S. in 1886. It is 46.5 meters high and weighs 225 tons!

William Kirkorian
President

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Our Favorite Recipes

Viennese Crescent Holiday Cookies



"These cookies have been a family favorite for 20 years. Flaky and buttery, they are worth the effort. Almonds can be substituted for hazelnuts."

[Click here to view and print this recipe](#)

You Gotta Laugh

"One of the most glorious messes in the world is the mess created in the living room on Christmas Day. Don't clean it up too quickly." *Andy Rooney*



Faucet Replacement

Save \$35

...on a new kitchen or bath faucet purchased from and installed by Your 1 Plumber. This offer is valid through December 31, 2014. Only one (1) coupon per service address will be accepted. Coupon must be presented at the time of service. Not valid with any other offer or minimum service fee.

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Special Bonus Offer

Save \$25

...on any other service our company offers. Only one (1) coupon per service address will be accepted. Coupon must be presented at the time of service. This offer is valid through December 31, 2014 and may not be combined with any other offer or minimum service fee.

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