

Close to Home YOUR 1 PLUMBER

THE ONLY ONE YOU'LL EVER NEED
Same Day Service Guaranteed



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Share the News

If you enjoy receiving our monthly *Close to Home* e-Newsletter, [click here.](#)

Thank you!



May is National Arthritis Awareness Month. At Your 1 Plumber, We Have Solutions That Can Help Ease the Pain.

Did you know that about 46 million Americans are afflicted with arthritis, and that it's our country's leading cause of disability?

That's a stunning number of people who feel pain performing even the simplest of tasks...anything from tying their shoes, opening a door, closing a window, even turning on a faucet.

Here's more:

- One in every five American adults has doctor-diagnosed arthritis.
- Kids get arthritis, too.
- Arthritis costs \$128 billion annually in medical care and other costs.
- There are 100+ types of arthritis.
- Arthritis destroys joints, bones and other connective tissues.

At Your 1 Plumber, we're proud to be part of the plumbing industry, one that has long been sensitive to those with special needs, including arthritis sufferers. Here are four ways we can assist you or someone you know who could use a little extra help:

No-Touch (or "hands-free") Faucets

Infrared models of these faucets turn on when your hands are within range, and automatically shut off when you pull your hands away. Newer and more economical models allow you to turn the water on and off simply by tapping anywhere on the handle or body of the faucet.



Green & Healthy Living Tips

Get Your Daily D.

D is at least as important as calcium for strong bones, and most Americans don't get enough. Get a minimum of 1,000 IU a day through supplements and food.

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Raised Toilets

Elevating a toilet 5" – 7" makes it easier to sit and stand while reducing the risk of slips and falls. At Your 1 Plumber, we can replace your existing toilet with a special-height model. You can also replace your toilet seat with an adjustable version that provides 3" – 6" of extra height, or add 6" of height by purchasing a molded plastic seat.

Handheld Shower Head

No matter what size you are, the shower head can reach all areas of your body with ease while you remain stationary. That means, for example, no twisting, turning, or ducking your head. And that lessens the risk of injury.

Anti-Scald Faucets & Shower Valves

Some faucets and showerheads now come equipped with anti-scald valves to prevent hot water from leaving the tap and accidentally burning you. They also offer protection from a sudden burst of hot water in the shower anytime the cold water supply is temporarily redirected to another faucet or flushing toilet.

Could you or someone you know benefit from a little greater bathroom convenience and protection? Then contact Your 1 Plumber, tell us about your special needs, and we'll come up with one or more creative solutions. Plus, **you can use the coupon on page 3 of this newsletter to save \$35 on a new toilet, special-height or any type at all.**



Amazing Fact

The time difference between Stegosaurus and T-Rex is greater than the time difference between T-Rex and people.

William Kirkorian
President

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Our Favorite Recipes

Sour Cream Rhubarb Coffee Cake



"A Special Mother's Day Treat."

[Click here to view and print this recipe.](#)

You Gotta Laugh

"I will never understand why they cook on TV. I can't smell it. Can't eat it. Can't taste it. The end of the show they hold it up to the camera, 'Well, here it is. You can't have any. Thanks for watching. Goodbye.'" *Jerry Seinfeld*



New Toilet

Save **\$35**

...on our professional toilet replacement service. Only one (1) coupon per service address will be accepted. Coupon must be presented at the time of service. This offer is valid through May 31, 2014 and may not be combined with any other offer or minimum service fee.

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[Click Here to Schedule Service Now.](#)

Special Bonus Offer

Save **\$25**

...on any other service our company offers. Only one (1) coupon per service address will be accepted. Coupon must be presented at the time of service. This offer is valid through May 31, 2014 and may not be combined with any other offer or minimum service fee.

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