



# YOUR 1 PLUMBER

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Same Day Service Guaranteed

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If you enjoy receiving our monthly *Close to Home* e-Newsletter, [click here](#). Thank you!



## Have You Heard the One About the Neighbor Whose Frozen Pipe Burst? Not Really All that Funny, is it... Especially When that Neighbor is You!

Pipes stay warm and the water flowing through them keeps flowing only for as long as the air around them remains above freezing. If the air freezes, look out inside! Because **once the water freezes, the ice that forms inside your pipes can prevent water flowing to your faucets**. Worse yet, your pipes can burst, thus causing a mess at the very least, and expensive repairs and water damage at the extreme.

The pipes most likely to freeze are those in unheated spaces. Pretty obvious, right? But do you know where all of those pipes are located, such as under your garage floor or inside crawl spaces? **Even water pipes inside your cabinets can freeze**. So if, for example, you should have a power outage, open the cabinet doors so that whatever heat is left can reach them, too.



If you have an older home and pipes are located inside the exterior walls, they're probably fine since heat can and will penetrate your walls to provide just enough heat to keep the water flowing. But should you decide to insulate those walls, then you're keeping the heat indoors and leaving those pipes unprotected from cold outdoor temperatures.

**Galvanized steel pipes – the most common type – are also the most likely to freeze and burst.** Copper pipes usually can withstand at least one freezing episode and subsequent pipe thawing. But for the best protection, nothing beats CPVC water pipes.



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### Green & Healthy Living Tips

**Dry-Brush Your Teeth.** Before squeezing toothpaste onto your brush, take 30 seconds to brush your teeth with a dry toothbrush. Doing so cuts tartar by 60 percent and also reduces the risk of bleeding gums by half.



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## Here's How to Prevent Pipe Freezing and Resulting Damage

As with most plumbing matters, prevention is the best repair of all.

- Don't turn your thermostat below 60°F.
- If pipes run under your attached garage, keep the garage door closed.
- Insulate exposed pipes with foam tubing. They're slit on the side for ease of installation.
- You can also wrap your pipes with electric heating cables and secure them with tape.
- If you're expecting frigid temperatures overnight and you KNOW you have un-insulated and exposed pipes, turn on one of your faucets just a little to keep the water flowing.
- If you undertake a remodeling job, hire a plumber to relocate any exposed pipes to a warmer location.



At Your 1 Plumber, we're all about helping you avoid unnecessary plumbing expenses. **Call today and pay just \$89 for us to inspect and locate (hidden or otherwise) pipes can potentially freeze.** We'll explain how to correct the problem and, of course, provide all the assistance you need to get the job done correctly.

As always, thanks for choosing Your 1 Plumber.

Sincerely,

William Kirkorian  
President

### Amazing Fact

Each year the city of Verona Italy receives more than 1000 valentine's addressed to Shakespeare's Juliet. It really is amazing how much affection a dead fictional character can attract.

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## Our Favorite Recipes

### Cheesy Chicken Casserole

"Delicious as is or experiment by adding your favorite veggies, substituting different cheeses, or swapping in low-fat sour cream to reduce the calorie."



#### Ingredients:

- 3 to 4 cooked chicken breasts, chopped
- 16-oz. pkg. wide egg noodles, cooked
- 24-oz. container sour cream
- 2 (10 3/4-oz.) cans cream of chicken soup
- 8-oz. pkg. shredded Cheddar cheese
- 8-oz. pkg. shredded mozzarella cheese
- 1 sleeve round buttery crackers, crushed
- 1/4 cup margarine, melted
- 2 tablespoons poppy seed

#### Directions:

Combine chicken, noodles, sour cream, soup and cheeses in a large bowl. Pour into a lightly greased 13"x9" baking dish. Mix together cracker crumbs and margarine; sprinkle over top. Sprinkle poppy seed over cracker crumbs. Bake at 350 degrees for 25 to 30 minutes or until crackers are crispy and golden and cheese is melted. [Click here to print this recipe](#)

### You Gotta Laugh

"I don't understand why Cupid was chosen to represent Valentine's Day. When I think about romance, the last thing on my mind is a short, chubby toddler coming at me with a weapon."  
Author Unknown



#### Home Water Pipe Inspection

Pay Just **\$89**

...for a thorough inspection of all your home water pipes through February 28, 2013. Only one (1) coupon per service address will be accepted. Coupon must be presented at the time of service. Not valid with any other offer or minimum service fee.

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Save **\$25**

...on any other service our company offers. Only one (1) coupon per service address will be accepted. Coupon must be presented at the time of service. This offer is valid through February 28, 2013 and may not be combined with any other offer or minimum service fee.

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